



Westwood Personal Items Checklist

Clothing:

- ___ 3 pairs of pants (or shorts in summer - khaki or jeans only, no cargo)
- ___ 3 shirts (polo, t-shirt, button-up or sweatshirt, no hoodies - only solid color in black, white, gray, brown or green)
- ___ 1 jacket or sweatshirt, no hoodies (only solid color in black, white, gray, brown or green)
- ___ 1 pair of sleep pants or shorts
- ___ 3 plain undershirts (white only)
- ___ 3 pairs of boxers (no briefs/boxer briefs)
- ___ 3 pairs of white socks
- ___ 1 pair of shower shoes/flip flops
- ___ 1 pair of athletic shoes

Hygiene:

- ___ Toothbrush/toothpaste
- ___ Soap/body wash (cannot contain alcohol)
- ___ Shampoo/conditioner
- ___ Deodorant (non-aerosol and cannot contain alcohol)
- ___ Electric razor (electric only)
- ___ Comb/brush (no metal)
- ___ 2 towels and 2 washcloths

Other:

- ___ Current prescription medication/one refill
- ___ Insurance/Medicaid card (if applicable)
- ___ Envelopes, stamps, stationery, loose-leaf white paper
- ___ Bible

Optional:

- ___ Liquid washing detergent

Not allowed:

- Jewelry
- Hats
- Sunglasses
- Money

Note: Please write the client's name on all items prior to entering the program.
The program will not be held responsible for lost or misplaced items.